



Personal, Social and Health Education (PSHE)



Intent

At Buriton Primary School, we approach the teaching of Relationships, Sex and Health Education (RSHE) as part of the broader Personal, social and health education (PSHE), which includes aspects of our PE, Computing and Science curriculums.

We provide an inclusive PSHE curriculum where pupils can explore relationships, value difference, learn how to keep themselves safe and understand how they will grow and change. There is a proven link between pupils' health and wellbeing, and their academic progress. We believe teaching these crucial skills and positive attitudes, developed through a comprehensive PSHE curriculum, are critical to ensuring pupils are effective learners.

Implementation

Our pupils receive at regular bespoke lessons alongside developing discussions as topics arise. The main program we use is 1Decision, which is carefully planned to build on and return to prior learning, skills, knowledge and development over time. Buriton School uses the 1decision unique bank of resources for PSHE, which are continually updated, evolving and changing to meet the needs of every child. Our lessons help children to develop the skills needed to manage different influences and pressures, as a part of their personal development whilst allowing our children to experience challenging situations in a safe environment. During their time at primary school, our children will encounter many of life's challenges for the first time. Our teaching through PSHE aims to provide our children with the knowledge and skills needed to lead safe, healthy, and happy lives.

Impact

Through our teaching of our PSHE curriculum, our children will develop appropriate knowledge about sex and relationships education as set out in the science national curriculum, and the statutory guidance for relationships education and health education. Our children will have developed the knowledge and understanding of the importance of having healthy, respectful relationships, focusing on family and friendships, in all contexts, including online. This will sit alongside the learning and understanding of how to be physically and mentally healthy. We give children the tools to improve their wellbeing and develop resilience and character to enable them to be happy, successful and productive members of society. PSHE is a vehicle for developing our children's emotional intelligence in addition to our values of team work, independence, perseverance and creativity. We aim for all our children to achieve their full potential whilst being able to manage their feelings and develop their social skills.